



Lower Limb Exercise



Upper Limb Exercise



Upper Limb Exercise



Sensory Room



Computer Room



Cognitive Rehabilitation



Video Interaction

ANAND DHAM'S  
LOVING  
&  
COMPASSIONATE  
CARE  
HAS  
CREATED  
A  
HOME  
AWAY  
FROM  
HOME



A GREEN RESORT  
THAT CELEBRATES  
LIFE



ANAND DHAM

AN ABODE FOR PERSONS WITH  
INTELLECTUAL DISABILITIES

AASTHA CHARITABLE TRUST FOR WELFARE OF THE MENTALLY CHALLENGED  
ANAND DHAM - An Abode for Persons with Intellectual Disabilities

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EMPOWER  
THE  
INTELLECTUALLY  
DISABLED





## About Us

Nearly 50 years ago, very few knew about mentally challenged individuals. At that time there were barely two or three organizations in Ahmedabad addressing the needs of these special individuals. These organizations were largely initiated by parents of these special children who tried to run the organization with their individual and collective understanding of the needs of these children. This group of people worked together to nurture this fledgling effort and as time went by a structured and formal organization SOCIETY FOR THE WELFARE OF THE MENTALLY RETARDED was established in 1968.

Anand Dham is a centre designed to resettle individuals with intellectual disabilities in a modern caring environment well into their sunset years freeing their relatives the justified concern they have for their future.

# ANAND DHAM

Anand Dham a residential resort condominium for God's chosen ones. Intellectually challenged individuals who need special care, specially at an age where they need to be looked after in a permanent home with caring supervision, spacious rooms, a day full of physical and intellectual activities, group engagements in a safe, secure and caring environment. Ananddham makes these challenged members very happy - as it does the aging parents of these special individuals who worry about their care after they are gone.



## Amenities & Facilities

Guest House for Visiting Parents and Well wishers	2 Multi skilling modern workshops which would train for employability	Toilet training for rural folk to help them integrate into mainstream environment	
Recreational Cum Auditorium Hall and Large Dining Hall	Indoor games, sports facilities and Club House	Medical and Physiotherapy centre	Modern residential facility for the staff
Swimming Pool		Laundry Facility	

## A CELEBRATION OF LIFE AND HAPPINESS OF SPECIAL RESIDENTS



These special people are paid for the work done by them, instilling a sense of self worth and the feeling that " I too can do something of value". Today about 50 trainees reach AASTHA every morning by bus and spend a fulfilling day there.

Besides playing a productive role, they also play, sing, go on picnics and engage in diverse cultural activities.

- Handmade Paper • Paper Bags • Paper/Cloth envelopes
- Candles • Doormats • Bead necklaces
- Embroidery • Paper roll cutting
- Thermocol sheet cutting • Valve assembly
- Ball pen assembly • Rakhi making

Aastha regularly receives orders for the these products, and the students are trained to produce these finished goods for sale.

40,000 SQ. YARDS (AROUND 8 ACRES) LAND WHICH WILL HOUSE THE DREAMS OF LIVING IN HARMONY AND JOY



"TO EMPOWER THE INTELLECTUALLY DISABLED PERSON TO LEAD A LIFE OF DIGNITY WITH THE MAXIMUM UTILISATION OF THEIR LIMITED CAPABILITIES"